



2023 IUPUI WOMEN'S CROSS COUNTRY TIMES/RESULTS

MIKE BAUMER XC CLASSIC

September 1, 2023

Fairborn, Ohio • 5K • 79 runners total

INDIVIDUAL FINISHES

TEAM STANDINGS

Name (##)	Time	Team	Pts
Ellie Cates (9th)	18:02.4	1. Ohio State	23 pts
Julie Smith (10th)	18:07.7	2. Oakland	68 pts
Madison Fry (20th)	18:32.5	3. Dayton	68 pts
Laci Provenzano (26th)	18:47.0	4. IUPUI	91 pts
Hannah Sale (42nd)	19:29.2	5. Wright State	161 pts
Wini Barnett (53rd)	20:17.0	6. Cedarville	180 pts
Hannah Robbins (64th)	20:47.8	7. Ashland	183 pts
		8. IU East	209 pts

JAGUAR INVITATIONAL

September 15, 2023

Shelbyville, Ind. • 5K • 72 runners total

INDIVIDUAL FINISHES

TEAM STANDINGS

Name (##)	Time	Team	Pts
Ellie Cates (11th)	18:33.15	1. Butler	34 pts
Madison Fry (16th)	18:55.44	2. Purdue Fort Wayne	65 pts
Julie Smith (26th)	19:17.57	3. Oakland	72 pts
Hannah Sale (28th)	19:28.76	4. Northern Kentucky	115 pts
Kara Krol (46th)	20:13.72	5. IUPUI	117 pts
Wini Barnett (51st)	20:48.74	6. Indianapolis	122 pts
Sophie Reichard (57th)	21:26.16	7. Thomas More	194 pts
Rebecca Orvis (63rd)	22:47.96		
Julynne Spidell (64th)	23:30.17		

JOE PIANE INVITATIONAL - GOLD DIVISION

September 29, 2023

South Bend, Ind. • 5K • 161 runners total

INDIVIDUAL FINISHES

TEAM STANDINGS

Name (##)	Time	Team	Pts
Ellie Cates (20th)	17:55.9	1. Akron	115 pts
Julie Smith (23rd)	17:58.9	2. Richmond	123 pts
Madison Fry (39th)	18:16.9	3. U. of Chicago	127 pts
Hannah Sale (92nd)	19:07.1	4. High Point	132 pts
Grace Bragg (105th)	19:21.9	5. Santa Clara	152 pts
Kara Krol (120th)	19:47.6	6. James Madison	166 pts
Sophie Reichard (144th)	20:37.3	7. Oakland	167 pts
Hannah Robbins (146th)	20:39.6	8. St. Thomas (Minn.)	200 pts
Wini Barnett (152nd)	21:15.4	9. Tulane	214 pts

Open Race (94 runners)

Julynne Spidell (91st)	21:39.0	10. Western Michigan	218 pts
		11. IUPUI	265 pts
		12. Loyola Marymount	308 pts
		13. Youngstown State	336 pts
		14. Western Illinois	382 pts
		15. Northern Illinois	400 pts
		16. Valparaiso	428 pts
		17. Green Bay	428 pts
		18. Cleveland State	527 pts
		19. Otterbein	569 pts

BRADLEY 'PINK' CLASSIC

October 13, 2023

Peoria, Ill. • 6K • 258 runners total

INDIVIDUAL FINISHES

TEAM STANDINGS

Name (##)	Time	Team	Pts
Julie Smith (79th)	22:27.9	1. North Dakota State	126 pts
Madison Fry (97th)	22:38.6	2. South Dakota	127 pts
Grace Bragg (181st)	23:35.0	3. Central Michigan	171 pts
Hannah Sale (185th)	23:39.6	4. Oakland	261 pts
Kara Krol (213th)	24:25.6	5. Wichita State	269 pts
Hannah Robbins (236th)	25:28.0	6. Cincinnati	271 pts
Sophie Reichard (242nd)	26:20.7	7. Northwestern	271 pts
		8. Illinois State	277 pts

White Race (186 runners)

Brooke Hansen (98th)	25:28.9	9. Drake	285 pts
Rebecca Orvis (123rd)	26:47.7	10. Southern Illinois	286 pts
Julynne Spidell (126th)	27:19.4	11. Iowa	306 pts
		12. St. Thomas (Minn.)	340 pts
		13. Purdue Fort Wayne	360 pts
		14. Saint Louis	365 pts
		15. Dayton	379 pts
		16. Indiana State	384 pts
		17. Eastern Illinois	418 pts
		18. Western Michigan	445 pts
		19. DePaul	447 pts
		20. Bradley	456 pts
		21. Northern Iowa	459 pts
		22. Ball State	491 pts
		23. UIC	529 pts
		24. Northern Kentucky	549 pts
		25. Milwaukee	552 pts
		26. Murray State	601 pts
		27. IUPUI	698 pts
		28. Valparaiso	721 pts
		29. Green Bay	734 pts
		30. SIU Edwardsville	878 pts
		31. Lindenwood	980 pts
		32. Chicago State	1023 pts

HORIZON LEAGUE CHAMPIONSHIPS

October 28, 2023

Fairborn, Ohio • 6K • 116 runners total

INDIVIDUAL FINISHES

TEAM STANDINGS

Name (##)	Time	Team	Pts
Julie Smith (12th)	21:41.4	1. Oakland	67 pts
Ellie Cates (14th)	21:46.5	2. Purdue Fort Wayne	92 pts
Madison Fry (18th)	22:04.3	3. Milwaukee	116 pts
Hannah Sale (41st)	23:07.0	4. IUPUI	127 pts
Grace Bragg (44th)	23:14.0	5. Youngstown State	133 pts
Kara Krol (71st)	23:58.0	6. Northern Kentucky	152 pts
Sophie Reichard (76th)	24:06.1	7. Wright State	174 pts
Hannah Robbins (96th)	24:46.5	8. Detroit Mercy	203 pts
Brooke Hansen (101st)	25:01.9	9. Green Bay	210 pts
Rebecca Orvis (113th)	26:35.4	10. Robert Morris	217 pts
		11. Cleveland State	256 pts

TIMES/RESULTS (CONT.)

NCAA GREAT LAKES REGIONAL

November 10, 2023

Madison, Wisc. ♦ 6K ♦ 231 runners total

INDIVIDUAL FINISHES

TEAM STANDINGS

Name (##)	Time	Team	Pts
Ellie Cates (101st)	22:14.9	1. Notre Dame	39 pts
Madison Fry (122nd)	22:32.6	2. Wisconsin	71 pts
Hannah Sale (179th)	23:32.0	3. Michigan State	82 pts
Kara Krol (208th)	24:34.7	4. Michigan	150 pts
Sophie Reichard	dnf	5. Ohio State	188 pts
Grace Bragg	dnf	6. Eastern Michigan	208 pts
		7. Ohio	236 pts
		8. Toledo	245 pts
		9. Butler	285 pts
		10. Indiana	349 pts
		11. Purdue	350 pts
		12. Central Michigan	350 pts
		13. Bowling Green	361 pts
		14. Cincinnati	385 pts
		15. Miami (Ohio)	479 pts
		16. Western Michigan	498 pts
		17. Akron	503 pts
		18. Dayton	504 pts
		19. Xavier	542 pts
		20. Oakland	578 pts
		21. Milwaukee	585 pts
		22. Indiana State	589 pts
		23. Ball State	634 pts
		24. Purdue Fort Wayne	657 pts
		25. Wright State	741 pts
		26. Kent State	768 pts
		27. Green Bay	785 pts
		28. Evansville	821 pts
		29. Valparaiso	840 pts
		30. Detroit Mercy	864 pts
		31. Marquette	878 pts
		32. Cleveland State	945 pts

RECORD AGAINST OPPONENTS

Opponent	W-L	Pct.	Opponent	W-L	Pct.
Akron	0-2	.000	Murray State	0-1	.000
Ashland	1-0	1.000	North Dakota State	0-1	.000
Ball State	0-2	.000	Northern Illinois	1-0	1.000
Bowling Green	0-1	.000	Northern Iowa	0-1	.000
Bradley	0-1	.000	Northern Kentucky	1-2	.333
Butler	0-2	.000	Northwestern	0-1	.000
Cedarville	1-0	1.000	Notre Dame	0-1	.000
Central Michigan	0-2	.000	Oakland	0-6	.000
Chicago	0-1	.000	Ohio	0-1	.000
Chicago State	1-0	1.000	Ohio State	0-2	.000
Cincinnati	0-2	.000	Otterbein	1-0	1.000
Cleveland State	2-1	.667	Purdue	0-1	.000
Dayton	0-3	.000	Purdue Fort Wayne	0-4	.000
DePaul	0-1	.000	Richmond	0-1	.000
Detroit Mercy	1-1	.500	Robert Morris	1-0	1.000
Drake	0-1	.000	Saint Louis	0-1	.000
Eastern Illinois	0-1	.000	Santa Clara	0-1	.000
Eastern Michigan	0-1	.000	SIU Edwardsville	1-0	1.000
Evansville	0-1	.000	South Dakota	0-1	.000
Green Bay	3-1	.750	Southern Illinois	0-1	.000
High Point	0-1	.000	St. Thomas (Minn.)	0-2	.000
IU East	1-0	1.000	Thomas More	1-0	1.000
Illinois State	0-1	.000	Toledo	0-1	.000
Indiana	0-1	.000	Tulane	0-1	.000
Indiana State	0-2	.000	UIC	0-1	.000
Indianapolis	1-0	1.000	Valparaiso	2-1	.667
Iowa	0-1	.000	Western Illinois	1-0	1.000
James Madison	0-1	.000	Western Michigan	0-3	.000
Kent State	0-1	.000	Wichita State	0-1	.000
Lindenwood	1-0	1.000	Wisconsin	0-1	.000
Loyola Marymount	1-0	1.000	Wright State	2-1	.667
Marquette	0-1	.000	Xavier	0-1	.000
Miami (Ohio)	0-1	.000	Youngstown State	2-0	1.000
Michigan	0-1	.000	Totals	26-78	.250
Michigan State	0-1	.000			
Milwaukee	0-3	.000			

2023 WOMEN'S CROSS COUNTRY BESTS LISTS

5K

	Name	Event	Date	Time
1.	Ellie Cates	Notre Dame Joe Plane Invite	9-29-2023	17:55.9
2.	Julie Smith	Notre Dame Joe Plane Invite	9-29-2023	17:58.9
3.	Ellie Cates	Mike Baumer XC Classic	9-1-2023	18:02.4
4.	Julie Smith	Mike Baumer XC Classic	9-1-2023	18:07.7
5.	Madison Fry	Notre Dame Joe Plane Invite	9-29-2023	18:16.9
6.	Madison Fry	Mike Baumer XC Classic	9-1-2023	18:32.5
7.	Ellie Cates	Jaguar Invitational	9-15-2023	18:33.15
8.	Laci Provenzano	Mike Baumer XC Classic	9-1-2023	18:47.0
9.	Madison Fry	Jaguar Invitational	9-15-2023	18:55.44
10.	Hannah Sale	Notre Dame Joe Plane Invite	9-29-2023	19:07.1
11.	Julie Smith	Jaguar Invitational	9-15-2023	19:17.57
12.	Grace Bragg	Notre Dame Joe Plane Invite	9-29-2023	19:21.9
13.	Hannah Sale	Jaguar Invitational	9-15-2023	19:28.76
14.	Hannah Sale	Mike Baumer XC Classic	9-1-2023	19:29.2
15.	Kara Krol	Jaguar Invitational	9-15-2023	20:13.72
16.	Wini Barnett	Mike Baumer XC Classic	9-1-2023	20:17.0
17.	Hannah Robbins	Mike Baumer XC Classic	9-1-2023	20:47.8
18.	Wini Barnett	Jaguar Invitational	9-15-2023	20:48.74
19.	Sophie Reichard	Jaguar Invitational	9-15-2023	21:26.16
20.	Rebecca Orvis	Jaguar Invitational	9-15-2023	22:47.96

6K

	Name	Event	Date	Time
1.	Julie Smith	Horizon League Championships	10-28-2023	21:41.4
2.	Ellie Cates	Horizon League Championships	10-28-2023	21:46.5
3.	Madison Fry	Horizon League Championships	10-28-2023	22:04.3
4.	Ellie Cates	NCAA Great Lakes Regional	11-10-2023	22:14.9
5.	Julie Smith	Bradley 'Pink' Classic	10-13-2023	22:27.9
6.	Madison Fry	NCAA Great Lakes Regional	11-10-2023	22:32.6
7.	Madison Fry	Bradley 'Pink' Classic	10-13-2023	22:38.6
8.	Hannah Sale	Horizon League Championships	10-28-2023	23:07.0
9.	Grace Bragg	Horizon League Championships	10-28-2023	23:14.0
10.	Hannah Sale	NCAA Great Lakes Regional	11-10-2023	23:32.0
11.	Grace Bragg	Bradley 'Pink' Classic	10-13-2023	23:35.0
12.	Hannah Sale	Bradley 'Pink' Classic	10-13-2023	23:39.6
13.	Kara Krol	Horizon League Championships	10-28-2023	23:58.0
14.	Sophie Reichard	Horizon League Championships	10-28-2023	24:06.1
15.	Kara Krol	Bradley 'Pink' Classic	10-13-2023	24:25.6
16.	Kara Krol	NCAA Great Lakes Regional	11-10-2023	24:34.7
17.	Hannah Robbins	Horizon League Championships	10-28-2023	24:46.5
18.	Brooke Hansen	Horizon League Championships	10-28-2023	25:01.9
19.	Hannah Robbins	Bradley 'Pink' Classic	10-13-2023	25:28.0
20.	Brooke Hansen	Bradley 'Pink' Classic (White)	10-13-2023	25:28.9

WOMEN'S RUNNERS RACE-BY-RACE

Wini Barnett

Soph. ♦ Warsaw, Ind./Warsaw

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	6/53	20:17.0
Jaguar Invitational	9/15	5K	6/51	20:48.74
Joe Piane Invitational	9/29	5K	9/152	21:15.4
Bradley 'Pink' Classic	10/13	6K	did not run	
Horizon Championships	10/28	6K	did not run	
NCAA Great Lakes Reg.	11/10	6K	did not run	

Grace Bragg

Fr. ♦ Indianapolis, Ind./Cathedral

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	did not run	
Jaguar Invitational	9/15	5K	did not run	
Joe Piane Invitational	9/29	5K	5/105	19:21.9
Bradley 'Pink' Classic	10/13	6K	3/181	23:35.0
Horizon Championships	10/28	6K	5/44	23:14.0
NCAA Great Lakes Reg.	11/10	6K	did not finish	

Ellie Cates

Sr. ♦ Fort Wayne, Ind./Concordia Lutheran

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	1/9	18:02.4
Jaguar Invitational	9/15	5K	1/11	18:33.15
Joe Piane Invitational	9/29	5K	1/20	17:55.9
Bradley 'Pink' Classic	10/13	6K	did not run	
Horizon Championships	10/28	6K	2/14	21:46.5
NCAA Great Lakes Reg.	11/10	6K	1/101	22:14.9

Madison Fry

Sr. ♦ Crawfordsville, Ind./Crawfordsville

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	3/20	18:32.5
Jaguar Invitational	9/15	5K	2/16	18:55.44
Joe Piane Invitational	9/29	5K	3/39	18:16.9
Bradley 'Pink' Classic	10/13	6K	2/97	22:38.6
Horizon Championships	10/28	6K	3/18	22:04.3
NCAA Great Lakes Reg.	11/10	6K	2/122	22:32.6

Brooke Hansen

R-Fr. ♦ Fort Wayne, Ind./Carroll

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	did not run	
Jaguar Invitational	9/15	5K	did not finish	
Joe Piane Invitational	9/29	5K	did not run	
Bradley 'Pink' Classic	10/13	6K	Open/98	25:28.9
Horizon Championships	10/28	6K	9/101	25:01.9
NCAA Great Lakes Reg.	11/10	6K	did not run	

Kara Krol

Grad. ♦ Chesterton, Ind./Chesterton

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	did not run	
Jaguar Invitational	9/15	5K	5/46	20:13.72
Joe Piane Invitational	9/29	5K	6/120	19:47.6
Bradley 'Pink' Classic	10/13	6K	5/213	24:25.6
Horizon Championships	10/28	6K	6/71	23:58.0
NCAA Great Lakes Reg.	11/10	6K	4/208	24:34.7

Rebecca Orvis

Grad. ♦ Crystal Lake, Ill./Crystal Lake Central

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	did not finish	
Jaguar Invitational	9/15	5K	8/63	22:47.96
Joe Piane Invitational	9/29	5K	did not finish	
Bradley 'Pink' Classic	10/13	6K	Open/123	26:47.7
Horizon Championships	10/28	6K	10/113	26:35.4
NCAA Great Lakes Reg.	11/10	6K	did not run	

Laci Provenzano

Jr. ♦ Minneapolis, Minn./Hopkins

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	4/26	18:47.0
Jaguar Invitational	9/15	5K	did not finish	
Joe Piane Invitational	9/29	5K	did not run	
Bradley 'Pink' Classic	10/13	6K	did not run	
Horizon Championships	10/28	6K	did not run	
NCAA Great Lakes Reg.	11/10	6K	did not run	

Sophie Reichard

Sr. ♦ Noblesville, Ind./Noblesville

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	did not run	
Jaguar Invitational	9/15	5K	7/57	21:26.16
Joe Piane Invitational	9/29	5K	7/144	20:37.3
Bradley 'Pink' Classic	10/13	6K	7/242	26:20.7
Horizon Championships	10/28	6K	7/76	24:06.1
NCAA Great Lakes Reg.	11/10	6K	did not finish	

Hannah Robbins

R-Fr. ♦ Munster, Ind./Munster

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	7/64	20:47.8
Jaguar Invitational	9/15	5K	did not finish	
Joe Piane Invitational	9/29	5K	8/146	20:39.6
Bradley 'Pink' Classic	10/13	6K	6/236	25:28.0
Horizon Championships	10/28	6K	8/96	24:46.5
NCAA Great Lakes Reg.	11/10	6K	did not run	

WOMEN'S RUNNERS RACE-BY-RACE

Hannah Sale

Sr. ♦ Fishers, Ind./Fishers

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	5/42	19:29.2
Jaguar Invitational	9/15	5K	4/28	19:28.76
Joe Piane Invitational	9/29	5K	4/92	19:07.1
Bradley 'Pink' Classic	10/13	6K	4/185	23:39.6
Horizon Championships	10/28	6K	6/71	23:58.0
NCAA Great Lakes Reg.	11/10	6K	3/179	23:32.0

Julie Smith

Soph. ♦ Granger, Ind./Penn

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	2/10	18:07.7
Jaguar Invitational	9/15	5K	3/26	19:17.57
Joe Piane Invitational	9/29	5K	2/23	17:58.9
Bradley 'Pink' Classic	10/13	6K	1/79	22:27.9
Horizon Championships	10/28	6K	1/12	21:41.4
NCAA Great Lakes Reg.	11/10	6K	did not run	

Julynne Spidell

R-Fr. ♦ Kokomo, Ind./Kokomo

Meet	Date	Dist.	Team/Place	Time
Mike Baumer XC Classic	9/1	5K	did not run	
Jaguar Invitational	9/15	5K	9/64	23:30.17
Joe Piane Invitational	9/29	5K	Open/91	21:39.0
Bradley 'Pink' Classic	10/13	6K	Open/126	27:19.4
Horizon Championships	10/28	6K	did not run	
NCAA Great Lakes Reg.	11/10	6K	did not run	

WOMEN'S SEASON BESTS/PERSONAL BESTS

Name	5K		6K	
	Season Best	PR	Season Best	PR
Wini Barnett	20:17.0	20:08.0	n/a	23:57.6
Grace Bragg	19:21.9	19:21.9	23:14.0	23:14.0
Ellie Cates	17:55.9	17:55.9	21:46.5	21:46.5
Madison Fry	18:16.9	18:07.2	22:04.3	22:04.3
Brooke Hansen	n/a	n/a	25:01.9	25:01.9
Kara Krol	19:47.6	19:32.37	23:58.0	23:35.4
Rebecca Orvis	22:47.96	20:45.3	26:35.4	26:23.1
Laci Provenzano	18:47.0	18:47.0	n/a	23:01.6
Sophie Reichard	20:37.3	20:37.3	24:06.1	23:35.0
Hannah Robbins	20:39.6	20:39.6	24:46.5	24:46.5
Hannah Sale	19:07.1	18:23.1	23:07.0	22:23.8
Julie Smith	17:58.9	17:58.9	21:41.4	21:41.4
Julyenne Spidell	21:39.0	21:39.0	27:19.4	27:19.4